



Different fruits and vegetables can be dried at the same time, as distributor Classen points out.

"FASTEST GROWING FOOD TREND"

Compact Dehydrator Dries Fruits, Vegetables

"Dehydrating food is the fastest growing food trend in the country," says Sam Classen, Newton, Kan., national distributor of the Harvest Maid food dehydrator, a compact electric unit used for drying fruits, vegetables, nuts, herbs, and spices, and for making beef jerky.

Food to be dried is sliced and spread evenly over trays. A fan inside blows across an electric element in the rear of the unit, forcing warm air across the food, sucking moisture from it as it passes. The air escapes through a gap around the glass door in front. Air can't circulate through the trays, so you can put a variety of fruits and vegetables in the dryer at the same time without having mixed flavors in the final product. The de-

hydrator is thermostatically controlled.

"Most products take 8 to 12 hours to dry, depending on outside air conditions and the food being dried. Fruits will be leathery and chewy, while many vegetables become hard and brittle. All dried foods can be restored to their original condition by soaking in water," explains Classen.

Complete instructions and recipes come with the dehydrator, as well as approximate drying times for various foods. Comes in two sizes. The smaller, 16 by 16 by 24 in. unit, retails for \$129, and the larger unit for \$169.

For more information, contact: FARM SHOW Followup, Sam Classen, Rte. 5, Box 20, Newton, Kan., 67114 (ph. 316 283-4707).

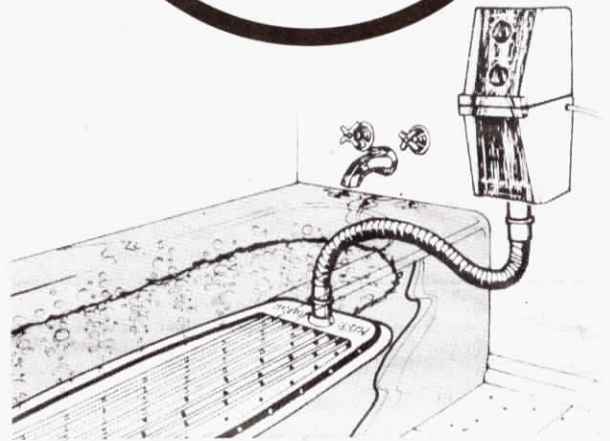
GREAT WAY TO LOSE WEIGHT

Run, Walk, Bounce On New Trampoline

"It's a great way to lose weight and is one of the gentlest forms of exercise available," says Bill Wonnacott, vice president of Olympus Distributing Corporation, about the company's Sundancer, an individual-size exercising trampoline.

The bouncing mat is suspended by 32 high tensile steel springs and made with the same material used to make bullet-proof vests. The trampoline stands on six 7-in. long legs and weighs 18 lbs. It's strong enough to handle the jump of a 300-lb. person.

For more information, contact: FARM SHOW Followup, Olympus Distributing Corp., P.O. Box 969, St. George, Utah 84770 (ph. 801 673-3005 or 673-6293).



Hydromassage unit adapts to any bathtub and can be operated by tank-type vacuum cleaner.

DOUBLES AS A HAIR DRYER

Water Massage Kit

"Kids love it and so will you," promises the manufacturer of a new kit that turns an ordinary bathtub into a "Hydromassage Action Bath".

The unit consists of a hollow, hard plastic bath mat with holes in the ribbed top. The mat comes in different sizes (28 or 38 in. long) to fit the bottom of your bathtub. Air from a wall-mounted blower is forced through the mat and into the bath water, creating "total tub turbulence".

"This gentle action stimulates flow of blood throughout the entire body," explains George Munsell, president of VM Inc., St. Bonifacius, Minn.

"It's a great way for kids of all ages to unwind at the end of the day. It also offers temporary relief for pain from arthritis, neuritis, muscle strains, as well as from plain old hard work."

A hose runs from the bath mat to the wall-mounted unit which contains a 1/3 hp. blower motor. "Circulating air actually heats to 104° from motor heat so your tub water stays warm as you relax," explains Munsell. "The unit can be used with a bonnet to dry hair, or you can unplug the hose and use heat from the

blower to dry off after your bath."

Two power units are available. Model AB-100 is equipped with a straight "on-off" motor. Model AB-400 features a timer that shuts off water action any time from 0 to 30 min. and a variable motor speed that controls air speed through the tub. Both 110-v. models are simply hung on the wall, hooked up to the bath mat and plugged in. When you have finished with the mat, it, too, hangs on the wall or towel rack.

Cost for the AB-100 "on-off" model is right at \$169, including a 38 or 28 in. bath mat. The deluxe models sell for \$269. A 16 in. square foot mat, for use outside the tub, sells for \$18. It sets inside a small container and can be used anywhere to provide massaging treatment for the feet.

Munsell points out that if you already own a tank-type vacuum cleaner you can use it in place of the blower motor. Then, for around \$40, you can just buy the mat, 7 ft. of hose and a vacuum hose adaptor.

For more information, contact: FARM SHOW Followup, VM Inc., P.O. Box 638, St. Bonifacius, Minn. 55375 (ph 612 446-1108).