

Reader Recipes

Peanut Butter Banana Spirals

1/2 cup peanut butter
1/3 cup vanilla low-fat yogurt
1 tbsp orange juice
1 tbsp honey
2 ripe bananas
4 8-in. flour tortillas
2 tbsp chopped dry roasted peanuts
1/4 tsp cinnamon

Combine peanut butter, yogurt and honey, stirring until smooth. Drizzle orange juice over bananas and toss gently to coat. Spread about 3 tbsp of peanut butter mix over each tortilla, leaving a 1/2-in. border. Arrange about 1/3 cup banana slices in a single layer over peanut butter mix. Combine peanuts and cinnamon; sprinkle evenly over banana slices. Roll up. Slice each roll into 6 pieces.

Salt Rising Bread

2 cups warm water
2 cups white flour
2 cups wheat germ flour
1 tsp salt
2 tbsp butter
Additional flour

To make bread for an evening meal, mix the batter in the morning, stirring the wheat germ and white flour into the water and set it uncovered in a warm place to rise. In about 6 hrs., add the butter and salt and enough white flour to make a firm dough. Immediately put the loaves in a pan or make rolls. Let rise in warm place for about 4 hrs.

Moon Beam Kisses

2 egg whites, beaten
1 cup sugar
3/4 cup blanched almonds
1 1/2 cups chopped dates
1 tsp vanilla

Beat egg whites until stiff, add sugar gradually and beat hard. Shred almonds by cutting into thin strips lengthwise, chop dates, and fold into egg white mixture. Add vanilla and blend carefully. Drop by the teaspoon onto parchment paper and bake 18 to 20 min. at 250°. Makes about 36.

Oven Cleaner

Mix equal parts baking soda, white vinegar, and water. Apply mixture to oven as needed. Check in 30 min. Wash out oven. May need to leave on longer.

Baking On A Wood Stove

"We like to take advantage of free heat coming off our wood stove whenever we can by cooking food right on top of the stove," says Gerilynn Heston, Grand Marais, Minn.

She recently sent FARM SHOW photos of how she cooks sweet potatoes on an enamel plate placed under an upside down stainless steel mixing bowl. She says she uses the same idea to cook squash, soups, stews and even biscuits.

"It's a simple idea but it works great. The upside down mixing bowl does a great job of retaining the heat," says Heston. "If you want, you can place the food on tin foil instead of a plate."

Contact: FARM SHOW Followup, Gerilynn Heston, Grand Marais, Minn. (gerilynnheston@gmail.com).



Food is cooked on top of wood stove under upside down stainless steel mixing bowl.

Microwave Pressure Cooker

This new pressure cooker goes in your microwave, combining the speed of both the microwave and a pressure cooker to cook meals fast. It cooks like a traditional pressure cooker, but in less time.

The Kuhn Rikon 4-quart Duromatic Micro microwave pressure cooker is made from silicone and polypropylene. It comes with fold-out handles on the sides, an arched handle, and a locking lid that secures to the base. A pair of safety pressure release valves are built into the lid to release steam quickly.

Available in two colors - red with red accents or gray with green accents. Sells on Amazon.com for \$59.95.

Contact: FARM SHOW Followup (www.kuhnrikon.com).



Pressure cooker with fold-out handles cooks meals fast inside microwave oven.

Outlet Installation Tool

Do-it-yourselfers with electrical work to do may want to add a PlugMaster Pro to their toolbox. Retired electrician Mel Bonner originally designed the patented tool to make it easier for an apprentice to install outlets in the correct position safely.

With the power turned off, the tool plugs into the outlet. Horizontal and vertical levels make it easy to mount the outlet. Then, when the power is turned on, one of several red LED indicator lights comes on to show if the wiring is correct or wrong. The seven options show exactly what is wrong - no ground, reversed wires, etc.

While that is helpful for wiring, Bonner stresses that its ability to indicate 220V on duplex outlets that have two circuits may be its best feature.

"Safety is number one," he says, which is why he includes side panels on the tool for extra protection when it is used to insert or remove outlets with the PlugMaster. "A multitude of things can happen - like pinched live wires - so we have a flash protection."

PlugMaster is made in the U.S. and meets U.L. regulations as well as Canadian electrical regulations. Sells for \$19.95, with discounts for orders of multiple units.

"When I first had it built, I told them I wanted it unbreakable. I threw it at a brick wall 10 times and it still functioned perfectly," Bonner says.

Contact: FARM SHOW Followup, Mel Bonner, Union Tool Company, 5555 W. 174th St., Tinley Park, Ill. 60477 (ph 708 560-7448; www.uniontoolcompany.com; patmelbon@sbglobal.net).



LED indicator lights on PlugMaster Pro let you know if outlet wiring has been installed correctly.

Nifty Way To Button Shirt

"I have arthritis in my hands that's bad enough so that I can't button my shirts. I came up with the idea of using needle nose pliers and it works great," says Lacy Deaton, Jackson, Ky.

"Just slip the point of a pair of needle nose pliers through the button holes in the shirt and grasp the buttons with the tops of the pliers. Then pull the buttons through the button holes. It solved my problem."

Contact: FARM SHOW Followup, Lacy Deaton, 29 Britni Lane, Jackson, Ky. 41339.

FARM SHOW®

New Products For The Farm, Ranch Home



Wartabater Electronic Wart Remover comes with a probe that's placed on center of wart. These before and after photos show the results.

Wart Remover "Really Works"

It's one of those products that sound too good to be true. That's what Rob Jordan thought when he read research about a British doctor's method of using low energy, high frequency electrical signals to remove warts. With 6 plantar warts on his feet, Jordan figured he didn't have anything to lose. He put together a unit based on the research and tried it. Within two months, the warts he'd had for two decades were gone.

He built more units and started selling them online. With positive reports from customers, he began manufacturing The Wartabater Electronic Wart Remover.

It's simple for anyone to operate. Turn on the battery-powered unit and place the probe on the center of the wart for 3 minutes.

"The low energy, high frequency electrical signal disrupts the cell structure of the wart, killing it," Jordan explains. Over the next couple of weeks new healthy skin grows in and replaces the dead wart.

The number of treatments depends on the size of the wart, Jordan says. The Wartabater is effective on all types of warts, including genital warts, plantar warts, and flat warts. It also works on skin tags, but is not designed for moles.

At \$100 (including shipping), the Wartabater comes with a battery that is good for about 50 treatments. Jordan offers a satisfaction guarantee and full refund if it doesn't work.

Testimonials on the Wartabater website indicate that it has worked for many people who have tried a variety of treatments. It's safe for children and can also be used on animals. However, it should not be used around the eyes or eyelids or used on people with pacemakers.

"About 10 percent of sales are to people in the medical profession," Jordan says, noting he is looking at developing a commercial version with replaceable tips as well as one that can be plugged in.

Whatever he does, he plans to keep the business small enough to personally respond to customer's questions.

"People are initially suspicious of it, and that's why we enjoy their positive responses so much," Jordan says.

Contact: FARM SHOW Followup, The Wartabater Company, P.O. Box 18718, Sarasota, Fla. 34276 (ph 800 645-0234; www.wartabater.com; info@wartabater.com).



Unit's high frequency electrical signal disrupts cell structure of wart, killing it.